

## Animal Ambassadors Helps Honor Mother Earth

Paeonia Springs, VA , April 22, 2009 – Animal Ambassadors, in celebration of Earth Day 2009, is providing simple ways to be kinder to Mother Earth – and help make every day Earth Day!

1. **Recycle.** This is a no brainer and most everyone already does this. Besides cans, bottles, and plastic, you can also set aside a box to recycle junk mail, newspapers, office paper, magazines, cardboard boxes and paperboard. You will be amazed how much your trash is reduced. You can also recycle ink cartridges, old cell phones and please buy recycled paper.
2. **Light bulbs.** Gradually go around your house and replace your old bulbs with energy efficient ones. Not only are you helping the environment but you will also save on your power bill!
3. **Use canvas shopping bags.** Buy a few reusable bags at the grocery store or elsewhere and use them for your shopping. They are sturdier than plastic and hold more. If you use the plastic bags, return them to the grocery store to be recycled.
4. **Go Organic!** Organic foods taste better and are better for our health overall. Many grocery stores are now offering their own line that is very affordable. The fewer ingredients on a label, the better for you!
5. **Buy Green products.** Now that Going Green has become a media sensation, it is easier than ever to find earth friendly products. Clorox makes an entire line of cleaning products called Greenworks. They clean just as well, have no chemicals and smell wonderful. You can always make your own products too, but I think the easier you make it on yourself the more apt you will be to do it.
6. **Make a portion of your yard a wildlife habitat.** As our habitats increase, our wildlife struggles to find suitable habitat. Provide an area of your yard/land that has cover using native plants and trees, a water source and perhaps some bird feeders. Go to [www.nwf.org](http://www.nwf.org) for more ideas on backyard habitats.
7. **Teach kindness to animals.** Adults and children that are kind to animals are in turn kind and caring to their fellow people as well. Avoid smushing bugs and teaching children to do so, it conveys that some animals are important and some aren't. Chasing ducks at the pond or chickens at the farm might seem harmless but for the birds it is downright scary. Letting them feed their own pets or brush their own pets is a great way to help them nurture their furry friends and it makes our little ones feel good that they were able to give the dog or cat something that he needed.
8. **For the kids.** The children are the future and it is for them that we need to care and make a valiant effort to tread lightly on this earth. No matter how young, get children involved and

excited. Go on nature hikes, dig up worms and let your children feel them wiggle, point out beautiful birds, groundhogs and deer. Look for bugs under rocks and logs. Plant a children's garden where they can pick what they plant. Let them help recycle. Visit nature centers, gardens and zoos. Get excited about nature and they will too!

**Animal Ambassadors** has been entertaining and educating for more than ten years in the Washington Metro area. Thousands of people have seen our ambassadors – either live at public shows or on TV. Our ambassadors have been on Animal Planet, been keynote “speakers” at movie premiers and entertained at hundreds of birthday parties. Our programs help young people learn about the world around them and empower them to be good global citizens. For more information go to [www.AnimalAmbassadors.info](http://www.AnimalAmbassadors.info).

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